

Remaining in Christ: Jesus' "I am" statements in the Gospel of John

Session III

Questions for Reflection

Bread of Life (John 6:1-59)

These questions are deep, and you will need to spend some time reflecting before you answer. We suggest you choose one or two questions each day and work on them throughout the week.

Scribble page provided (next page). Print it out to use it.

1. Can you tell a story about a personal experience of the divine presence – “I AM” – that dissipated your fear and anxiety in a particular situation?
2. Jesus says anyone eating this bread that comes down from heaven will never be hungry again. What do you think he means by this? Have you ever had this experience? What were the circumstances?
3. What are some concrete ways you experience the divine presence in the teaching of Jesus? in doing the will of God?
4. How do you experience the divine presence at the Eucharistic meal, when you ingest the body and blood of Jesus Christ? How do you put this meal into practice in daily life?

use this space for your thoughts, notes,
scribbles, or drawings as you reflect

